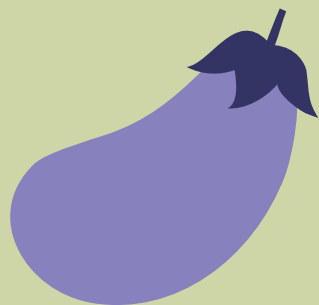


11th Annual *Gardening with Class*



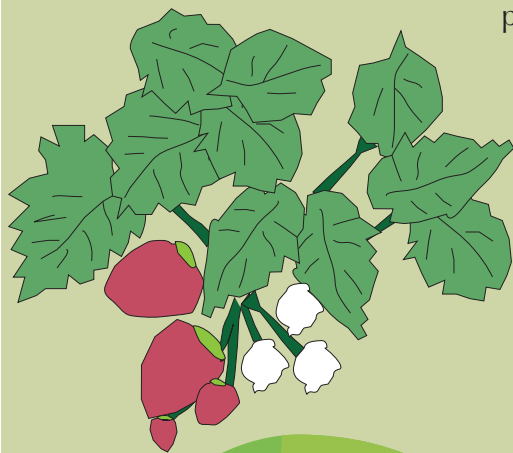
2010 San Diego Regional
School Garden & Nutrition Conference

Saturday, April 24, 2010 8 am - 4 pm
Del Mar Fairgrounds Grandstand Bldg



This conference, co-sponsored by the Master Gardener Association of San Diego County, University of California Cooperative Extension, and Del Mar Fairgrounds, is designed for educators, school garden coordinators and others interested in developing or enhancing a school garden program. This year's workshops will cover a wide variety of topics, all with strong connections to educational teaching standards and will link school gardens to academic achievement, personal growth, healthy nutrition, environmental stewardship, community and social development.

All conference attendees must pre-register, with a \$50 check payable to Master Gardener Association, no later than April 9. Check-in begins at 8:00 a.m. Participants will receive a continental breakfast, lunch, a complimentary parking pass (must register by April 9), garden-related prizes, and more.

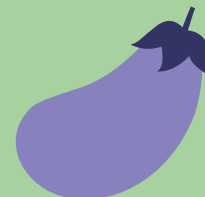


Conference Schedule

- 8:00 am Registration & breakfast
- 9:00 am Workshop Session A
- 10:15 am Break
- 10:30 am Workshop Session B
- 11:45 am Lunch
- 1:00 pm Workshop Session C
- 2:30 pm Roundtable Discussions
Make It and Take It Activities
- 3:30 pm Closing Activities



Workshops



Session A (9:00 AM to 10:15 AM)

A10. Creating Your School Garden **Master Gardeners of San Diego County** **grades K-12**

Learn the basics from planning to planting your new school garden, including topics such as building team support, site design, raised beds, soil preparation, plant selection, and an introduction to the Master Gardener website.

A11. Bus Tour, Ocean Knoll School **grades K-6**

Field trip! This beautiful garden has vegetable and flower beds, composting and vermicomposting area, and a greenhouse. There is a separate native garden and seating for a small outdoor classroom. Every class has their own raised garden bed. All grades are active in the two gardens.

A12. Grain and Grass Seeds **Kathy Motschall** **grades K-4**

Students will see plant development and sequence of events during the growth of seeds. This lesson supports the California Science Standards: Life Sciences Standard.

A13. School Wellness Policies, Reducing Childhood Obesity **JuliAnna Arnett, Judy Jacoby** **Naomi Butler** **grades K-12**

Childhood obesity is a growing epidemic with 1 in 4 children in San Diego overweight or obese. Learn about the role school gardens have in reducing obesity and opportunities to sustain programs through your school wellness policy.

A14. Creating and Preserving Wildlife Gardens **Ellen Bialik** **grades 1-12**

An opportunity to incorporate science, reading, language, and math standards into an exciting garden based program! Transform school hallways into a butterfly wonderland and teach students the importance of pollinators in the ecosystem.

Session B (10:30 AM to 11:45 AM)

B20. Sustaining Your School Garden **Master Gardeners of San Diego County** **grades K-12**

For established school garden programs. This workshop will focus on garden improvements, pest identification and management using the IPM website, summer maintenance, and garden-based curriculum options.

B21. Bus Tour, Ocean Knoll School **grades K-6**

See Session A11 Description.

B22. It's a Win-Win with Worms **Diane Hollister** **grades K-12**

The humble composting worm is a powerhouse of energy; turning food waste into a nutrient rich soil amendment for the garden. Learn the simple secrets of vermicomposting for the classroom and for the garden.

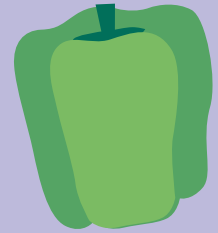
B23. California Native Wildlife Gardens **Gene Ratcliffe** **grades 1-12**

Learn about the habitat and wildlife value of native plants. Attract butterflies, songbirds, and hummingbirds. Participants will be given resources to design gardens with local species, theme gardens, and those focused on Native American food, basketry, and medicinal species.

SALARY ADVANCEMENT CREDITS AVAILABLE!

1 unit (quarter) of graduate credit will be available for attendees through UC San Diego Extension. Please bring a check for \$55 to the conference, payable to UC Regents (Note: this additional fee is for the graduate credit only and not for conference registration). Enrollment will take place at the conference.

Workshops



Session C (1:00 PM to 2:15 PM)

C30. Locally Grown in San Diego County **Diana Bergman and Mindy Swanson** **grades K-12**
 Presented by the San Diego Ag in the Classroom Foundation and the Center for Food and Justice. Agriculture is thriving in San Diego County - you just need to know where to look! Learn what grows locally and why supporting local farmers is good for the economy and the environment. The main components of "Farm to School" programs will also be introduced.

C31. From Garden to Table **Ron Oliver** **grades 4-12**
 Chef Ron will show you how to turn the fruits of your labor into tasty dishes for young palates. He will discuss how to plan your garden strategically for the kitchen and to maximize the "garden to table" experience for your students.

C32. Connecting Children to Nature **Anne S. Fege** **grades K-12**
 Schoolyard habitats (native plants) broaden science and other curriculum options; introduce students to plants and animals that live in nearby nature; and model local environmental awareness and action. Learn about community resources, curriculum, and local efforts to "grow" the national Children and Nature movement inspired by Richard Louv and his book, *Last Child in the Woods*.

C33. Working in the Garden Using Math & Writing Skills **Carla Kriss** **grades K-6**
 Activities and lesson plans will be provided for grades K - 6 with the garden being a basis for all activities. Math and writing work samples will be offered. Personal successes and advice will be shared with participants as well.

2:30 PM to 3:30 PM

Make It & Take It Activities

Roundtable Discussions

Lettuce Eat **Heather Hazen**

Garden Discovery **Mary Ricci**

**Making Birdhouse
Gourds in Your
School Garden** **Marcia Van Loy
Ginger Banta**

**Propagation =
Bargain Plants** **Susan Marchetti**

**School Gardens-
Lessons Learned**

**Science Attack,
Garden Lessons**

**Connecting the
Crops**

**Nutrition in
the Classroom**

**Maxine Clark
Chrissy Gerber**

Dana Ebbets-Reed

LeeAnn Bates

Stella Weaver

Closing Activities (3:30 PM to 4 PM) Plant Giveaways, Evaluations

Thank You!



Gardening with Class Conference

Master Gardener Association of SD County
5555 Overland Avenue, Building 4, Suite 4101
San Diego, CA 92123

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DIRECTIONS to Del Mar Fairgrounds

The Del Mar Fairgrounds are located 20 miles north of downtown San Diego at 2260 Jimmy Durante Blvd. in the city of Del Mar.

Please note: Enter through the SOLANA GATE off Via de la Valle.

From Coastal San Diego:

Take Interstate 5 North or South to the Via de la Valle turn-off. Take Via de la Valle west to the Solana Gate and turn left. Follow the signs to the Turf Club in the Grandstand Building.

From North County Inland:

Take Interstate 15 to 78 west. From 78, take Interstate 5 South to the Via de la Valle turn-off. Take Via de la Valle west to the Solana Gate and turn left. Follow the signs to the Turf Club in the Grandstand Building.

From Eastern San Diego County:

Take Interstate 8 West to 805 North. Continue north on Interstate 5. Exit at Via de la Valle turn-off. Take Via de la Valle west to the Solana Gate and turn left. Follow the signs to the Turf Club in the Grandstand Building.

